GFL MEMORIAL GARDENS

NOVEMBER WALKING SCHEDULE

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
1	2	3	4 No Walking After 1pm	5	6	7
8	9	10 No Walking	11 No Walking	12	13 No Walking After 1pm	14
15	16	17	18	19	20	21
22	23	24	25	26	27 No Walking After 1pm	28
29	30					

Monday to Friday - 9 am to 3 pm

Please note: Schedule is subject to change

4 Laps = 1 KM 6.44 Laps = 1 Mile