



## JUNE WALKING SCHEDULE

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
						1
2	3	4	5	6	7	8
9	10	11	12 NO WALKING	13 NO WALKING	14 NO WALKING	15
16	17	18	19	20	21	22
23	24 NO WALKING	25 NO WALKING	26 NO WALKING	27	28	29
30						

**Monday to Friday - 9 am to 3 pm**

*\*Please note: Schedule is subject to change.*

**4 Laps = 1 KM    6.44 Laps = 1 Mile**